



ALPINE CLIMBERS



# CHANDRASHILA

Rishikesh, Uttarakhand

Trek Cost - **INR 10,000/-**

+ (5% GST) per pax

(Rishikesh to Rishikesh)

## Overview

Chandrashila is summit of the Tungnath. It literally means Moon Rock. It is located at a height of about 4,000 metres (13,123 ft) above sea level. This peak provides a spectacular view of Himalayas, especially Nandadevi, Trisul, Kedar Peak, Bandarpunch and Chaukhambapeaks. According to one of the popular legend, this is the place where Lord Rama meditated after defeating the demon-king Ravana. Another legend says that moon-god Chandra spent time here in penance. The Beauty of Chandrashila is Incredible. It is an impressive vantage point that offers 360 degrees panoramic views of the mighty Himalayas.

### Height of the peak

13,123 Feet

### Vacation Style

12-45 Years Of Age

Camping Trek

### Activity Level

Easy to Moderate

### Group Size

Medium & Large Groups

7 & 15

### Duration

5 Days

### Km

One Way

25 Km

## Short Itinerary

- ▲ **Day 1** - Rishikesh to Sari - 190 Km
- ▲ **Day 2** - Sari to Deoriatal - 3 Km
- ▲ **Day 3** - Deoriatal to Chopta - 14 Km
- ▲ **Day 4** - Chopta to Chandrashilla peak via tungnath and back to chopta - 8 Km
- ▲ **Day 5** - Depart for Rishikesh - 210 Km



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## Brief Itinerary

### Day 1 - Rishikesh to Sari - 190 Km ..... (6601 Feet)

Assemble at the Rishikesh by 6.00 AM. Sari, the base camp of the Deorital-Chandrashila trek, is an 8 hour drive from Haridwar. The journey is picturesque, as you pass through Devaprayag, the confluence of rivers Alakananda and hagirathi to form river Ganga. The entire journey traverses the mountain side, with the river flowing below you. Sari is a small village with around 100 houses.

### Day 2 - Sari to Deorital - 3 Km ..... (7841 Feet)

The trek on the first day is easy with mixed ascent and descent. A well-defined rocky trail will show you to the end, from where the Chandrashila summit is clearly visible and the Tunganath temple is a speck of color. After this point, it's a steep uphill bend on the ridge back of the mountain. Get ready for an acutely laborious climb, giving you the first taste of challenge followed by an excellent view of the mountain fall.

Post-rest, the trail will bend through a forest of rhododendrons. Spring treks here in the crimson shadow rhododendron blossoms make it memorable more than ever. We go steadily up. At 7, 434 ft. village localities vanish from sight. Nearly 20 minutes from this point, we will be standing with the waters of Deorital glistening down a lurching gentle slope.

A grand vista of Chaukhamba massifs is unveiled in the background of the lake. It will be mid-noon by the time you reach the spot. Hot lunch on this day will be served on reaching our lakeside camp in Deorital.

### Day 3 - Deorital to Chopta - 14 Km ..... (8790 Feet)

The trail is sprinkled with little shrines that stand out in the greenness by the red and yellow flags tied on them. After crossing a clearing in the forest lined with scarlet blossoms, we are directly ushered up an ascending path towards Rohgini Bugyal and Chopta. The ascending trail gives way to a level land and some leeway in the rigorous uphill hike.

A little way up, the meadows start. Here, you will find a cluster of huts. Shepards from local villages come here to graze their livestock. Not far from here, you will find a road head at the margin of a jungle trail. In this area in the vicinity of Chopta village, we have our campsite at a clearing in the forests.



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## Brief Itinerary

### Day 4 - Chopta to Chandrashilla peak via tungnath and back to chopta - 8 Km ..... (13123 Feet)

We commence the hike today early morning. Starting in the wee hours of dark will let us have a beautiful sunrise experience from Tunganath top. The trek runs on a well-defined concrete-bound trail from Chopta to the temple. Today, the hike will be fraught with steep climbing challenges with sharp turns to cross by. There will be other shrines on the way, of which a particular temple with a flagpole is notable.

This one comes after the 10th bend of the road and marks the opening of a splendid view of Chandrashila up ahead. From here, you will also get a clear vision of a connecting peak to Chandrashila. This one is named Ravanshila. In the winters, you will find snow from here. The 11th bend marks the entryway to Tunganath above which the splendid Chandrashila peak towers at 12,083 ft.

At the end of a steep and arduous climb, the summit will be reached with a 360 degree view of the Garhwal and Kumaon mountains welcomingly lying ahead. Notable peaks in this panorama of grandeur are—Nanda Devi, Trishul, Nandaghunti, Dronagiri, Chaukhamba, and Kedar. Glimpses of the Thalaysagar and Gangotri ranges too could be made out at the edges. The downhill journey is relatively less time consuming and smoother. It will take you about 3 hours to climb down to the Chopta campsite.

### Day 5 - Depart for Rishikesh - 210 Km

Chopta also has a few private guest lodges. Board your jeeps from here for a drive back to Rishikesh. You will reach Rishikesh between 5.00pm and 6.00 pm.

## Inclusions

**Whats included in this tour** - Items that are covered in the cost of tour price.

- ⤴ All breakfasts, lunches and dinners from Sari to Chopta (VEG)
- ⤴ Transport from Rishikesh to Sari & Chopta to Rishikesh
- ⤴ All accommodation from Sari to Chopta. Triple tent sharing
- ⤴ All campaign equipments
- ⤴ Medical Kit
- ⤴ Professional Trek Leaders (Experienced Guide/Staff)
- ⤴ All forests permits

## Exclusions

**Whats excluded in this tour** - Items that are not covered in the cost of tour price.

- ⤴ Travel insurance and other emergencies
- ⤴ Last Day Lunch. All Meals from Rishikesh to Sari & Chopta to Rishikesh
- ⤴ Mules (A Hybrid Animal) to carry personal luggage
- ⤴ Liquors, beers and bottled beverages
- ⤴ Photography accessories like cameras etc.



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## How to Reach

### By Air

Jolly Grant Airport is the airport serving Dehradun, located about 25 km from the city. There is a daily flight from Delhi to Dehradun

### By Train

- ▲ From Delhi -DDN NZM AC EXPRESS (2205)
- ▲ From Kolkata- Doon Express (13009)
- ▲ From Mumbai- Dehradun Express (19019)
- ▲ From Chennai- Dehradun express (12687)

### By Road

By road, Haridwar is well connected with major destinations of the country. NH72 connects Haridwar to Nahan (125 km) to the north-west, and thereon to Panchkula, Chandigarh and Shimla. NH 72 terminates at Dehradun, which is at 54km from Haridwar. Haridwar is located at a distance of 235 km from Delhi. NH72A links Haridwar to NH58 at Roorkee (35 km) and thereon south to Meerut (170 km) and Delhi (235 km). There is regular bus service from Delhi for Haridwar from Delhi's ISBT Kashmere Gate.

## Things to Carry

- ▲ 1 Pair of Thermal
- ▲ 3 Pair of Socks + 1 Pair of woolen socks
- ▲ 2 Pair of Hand Gloves ( Water Proof & Fleece material)
- ▲ Sun Cap
- ▲ Woolen Cap
- ▲ Neck Warmer (Scarf/Buff)
- ▲ 2 Quick Dry Full Sleeves (T-Shirt)
- ▲ 1 Full sleeves Fleece
- ▲ 1 Wind Proof Jacket (windcheater/Heavy Jacket)
- ▲ 2 Track Pants (No Cotton or Jeans)
- ▲ Sun Glass
- ▲ Sun cream, Lip balm, Moisturizer.
- ▲ Torch
- ▲ Trek Pole
- ▲ Trekking Shoes (No Sports shoes or Woodland shoes)
- ▲ Poncho ( The Gear used to protect from Rain)
- ▲ Day pack (Small one)
- ▲ Back Pack 60 ltr (+ Rain cover)
- ▲ 2 Water Bottles
- ▲ Toilet Paper & Wet Wipes
- ▲ Hand Sanitizer
- ▲ Antibacterial Powder
- ▲ Tooth Brush
- ▲ Quick Dry Towel



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## Medicines to carry

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- ▲ Crocin (1 Strip)
- ▲ Disprine (1 Strip)
- ▲ Lomotive (1 Strip)
- ▲ Digene (1 Strip)
- ▲ Guaze
- ▲ Dettol
- ▲ Band Aid - Qty 5
- ▲ Neusporine Powder
- ▲ Betadine Tube
- ▲ Vomistop/Avomine (Motion Sickness Tablet)

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## Contact Details

**+91 99871 59309**