



(Sankri/Dhaula to Sangla)

Overview

Rupin Pass is a high altitude pass across the Himalaya mountain range in state of Himachal Pradesh, India. It lies on a traditional shepherd and hiking route which starts from Dhaula in Uttarakhand and ends in Sangla in Himachal Pradesh. The path itself is located across mostly uninhabited areas in the Himalayan ranges above sea level. Rupin Pass trek consists of trails dug out of rock faces and wooden bridges, cut through deep dark folds in the mountain, glaciers and icy slopes, and over snow fields. Along the way there are white Rhododendrons and expanse of green meadows.

Height of the peak	Vacation Style	
15, 350 Feet	16-45 Years Of Age	Camping Trek
Activity Level	Group Size	
Difficult	Medium & Large Groups	7 & 15
Duration	Km	
8 Days	One Way	58 Km





RUPIN PASS Sangla, Himachal Pradesh

Short Itinerary

- Day 1 Dehradun to Dhaula (Base Camp) 210 Km
- Day 2 Dhaula (Base Camp) to Sewa 9 Km
- Day 3 Sewa to Jhaka 10 Km
- Day 4 Jhaka to Saruwas Thatch 7 Km
- Day 5 Saruwas Thatch to Dhanderas Thatch 6 Km
- Day 6 Dhanderas Thatch to Upper Water Fall 4 Km
- Day 7 Upper Water Fall to Ronti Gad via Rupin Pass 10 Km
- Day 8 Ronti Gad To Sangla 12 Km

Brief Itinerary

Assemble at the Dehradun Railway station by 6.30 AM. Dhaula is the base for the Rupin Pass trek. It is a sleepy hamlet of a dozen homes and the last road head of Uttarakhand. Dhaula will be your campsite for the night.

Your second day's trek will be an easy walk on the waving trail till Sewagaon. You will be accompanied by many water streams on the trek. Exit from Dhaula village is via a cattle shelter, the trail sharply inclined upwards and in 20 minutes it eases out also giving you a complete different picture of the nature around you. A diverge from your earlier landscapes you will reach Rupin river bed with hills on the both sides. Next the zigzag trail through the apricot and apple trees and another climb of about 50 minutes you will reach Gosangu (Sewa). At Sewa, you will see a towered temple with lot of trophies and medals hanging onto its wall, the temple remains close most of the time as they have only one idol to share among 15 - 17 temples. Alpine Climbers team will arrange for your camping at the campsite which is at the verge of Rupin river outside Sewa. The whole look here will be like of a beach with sand beneath and smooth rocks asides you, still campsite will not be very pleasing due to the humid climate. Getting refreshed into the clear cold water of Rupin river will make you regain your energy. Overnight stay at



Brief Itinerary

Day 3 - Sewa to Jhaka - 10 Km (8600 Feet)

Eat enough and stretch your body well for today's trail to Jhaka via Gosangu. The trail is landslide prone and routes are so variant that a gentle wide stretch suddenly turns to a narrow trail. Trek start by crossing a crop field and a sudden entrance to a forest, so thick that you will feel its dusk, even on a bright sunny day. Further, you will come across two bridges on the road heading to Kwar Cross the iron bridge and join the left trail which going forward merge with the hanging trail going to Jiksun Village. At this point you need to carefully follow the instructions of your Trek Leader as the trail is very uncertain, narrow & almost hanging on the steep slope of the mountain. Moving forward on the trail with sudden changes in sceneries you will reach Jiksun. Relax yourself there for another snaky climb of 3.5 kms to Jhaka. The one hour trail is again through the mixed forests of Deodar and walnut and is considered among best of the trails of Rupin Pass.

Day 4 - Jhaka to Saruwas Thatch - 7 Km (11000 Feet)

Jhaka is a beautiful village known as hanging village for its location at the edge of mountain and magnificent views it offers of the hills. The best thing about today's trek is that the whole trail to Saruwas Thatch is stocked with lots of rivulets flowing in and through the Rupin. Many a times you get a chance to cross through the water stream. The trail from Jhaka village starts by entering into fir forests having tall pine and maple trees, a descendant walk through the forests followed by a sudden curve and whole scenery will change from greenery to sprinkled white landscape. Among the snow patches there is a magnificent snow bridge which goes across Rupin. After crossing the bridge, an hour's and half walk and you will enter another forest, Rhondoderon of many colors spread across the forest. A bit further walk after passing the forest, you will reach Saruwas Thatch.

Today's trek to Dhanderas Thatch is one of the best treks of Rupin Pass. Walk along the trail which goes along the Rupin Water fall, snow patches sticking on left walls of the valley will get bigger as you walk the trail. A climb in between the forest you will reach a trail at the utmost edge of the valley. The sight here is extremely amazing with waterfall cascading to form Rupin below and green meadow spotted with yellow marigolds is spread across the miles. A climb to the beautiful valley though criss cross path and you will reach another snow bridge. Cross the bridge, a gentle climb and you will find yourself amidst the charming multicolored wild flowers. Again a walk on the boulder of Rupin, you will now reach Rupin river bed. Get to the other side of river by crossing the second snow bridge of the day which is biggest of all and you are now finally in Dhanderas Thatch.

Dhanderas Thatch is one among the biggest and most alluring meadows of Himalayas. Trek Leader will indulge you all in some fun activities while camping in the nature's utmost charming lap. Reach the base of Dhanderas Thatch through a kilometer walk hoping through the plentiful of water streams, followed by a gentle walk through marigolds and you will arrive at snow patch of waterfall. After crossing the big boulder, now is the time when your ice axe will come in handy as your need to cut through the snow patches unless it has already been made by the previous trekkers. This series of walking through the snow and climbing intermittently will continue till you arrive at big snow bridge. The sights from the snow bridge is totally tremendous of the waterfall flowing down from the sky and getting disappeared below the below the bridge. Reach the other side of Rupin, a steep climb through the slopes and you finally reach four next camp alongside the upper waterfall.



Brief Itinerary

Today's long and tiring trek starts by a steep climbs alongside long stretch of snow patch which will last for an hour. A turn in the trail and campsite of Rati Pheri is there to welcome you with total change in scenery and an astounding distant view of Rupin Valley. Long walks on undulating paths on snow will be exhausting and moreover trails on snow are not defined clearly, there is a chance of yours to get out of way, the Alpine Climbers team experts will make sure that you are on the right track. After a walk of 1.5 kms walk from Rati Pheri you will reach Rupin Pass Gully, let yourself relax here as to reach the top of Rupin Pass there is another arduous climb of about 15-20 mins. Rupin Pass is a low point of the hill from where Dhauladhar Range starts and sight of Sangla Kanda is visible here for the first time. A few minutes steep movement downwards, and you will reach a point where you have to slide down your way to the snow line going towards Rukti Gad. About an hour's walk, a sharp descendant and you are at Ronti gad, a chilling campsite to admire the green meadows amidst the snow slopes.

The trek to Sangla will be very strenuous for you, as the descendants are so steep that it will pressurize your knees and foot, follow the instructions of your Trek Leader to do the trek calmly without hurting your knees and legs.

At starting there is Shepard's trail heading downwards to Sangla Kanda, after 1.5 hours you will reach the valley of Ronti Gad. To your left is the view of Rukti Gad and to the right its Nalgani Pass covered with snow throughout. Now you have reached a plateau warmer where snow is out of your sight. The most amazing thing you will see here is peaks of Mt. Kinner Kailash right in front with the meadows of Sangla Kanda asides you on the edge. Look below at the lake of Sangla Kanda far away surrounded by a small village which is your next destination and is again through a steep descendant. Your last and final trek to Sangla is a wide trail through the small forest of Pines. After passing forest, another half an hour downward movement to Baspa Village, next is your last climb of 20 mins from Baspa village bridge to a motor able road of Sangla.

Inclusions -

Whats included in this tour - Items that are covered in the cost of tour price.

- All breakfasts, lunches and dinners from Dhaula to Sangla (VEG)
- ▲ All accommodation from Dhaula to Sangla
- All campaign equipments
- Medical Kit
- ▲ Professional Trek Leaders (Experienced Guide/Staff)
- ▲ All forests permits

Exclusions

Whats excluded in this tour - Items that are not covered in the cost of tour price.

- Travel insurance and other emergencies
- Transport from Dehradun-Dhaula
- ▲ All Meals from Dehradun-dhaula
- ★ Stay & Dinner at Sangla on the last day is not included
- Mules (A Hybrid Animal) to carry personal luggage
- ▲ Single room accommodations
- Liquors, beers and bottled beverages
- Photography accessories like cameras etc.





How to Reach

By Air

Jolly Grant Airport is the airport serving Dehradun, located about 25 km from the city. There is a daily flight from Delhi to Dehradun.

By Train

An excellent rail network connects Dehradun to other important cities like Delhi, Mussoorie, Mumbai, Varanasi, Lucknow, and Kolkata. From Delhi- DDN NZM AC EXPRESS (2205).

By Bus

By road, Dehradun is well connected with major destinations of the country. NH72 connects Dehradun to Nahan (95 km) to the north-west, and thereon to Panchkula, Chandi¬garh and Shimla. NH 72 terminates at Haridwar, which is at 54km from Dehradun. Dehradun is located at a distance of 235 km from Delhi. NH72A links Dehra Dun to NH58 at Roorkee (67 km) and thereon south to Meerut (170 km) and Delhi (235 km). There is regular bus service from Delhi for Dehradun from Delhi s ISBT Kashmere Gate.

Extra Cost -

The transportation cost from Dehradun to Dhaula will have to be borne by the trekkers, the total cost of transportation one way is 5,500/- (to be shared among 5-6 people, i.e approx 1,100/- per person one way) – to be paid directly to the driver.

- Things to Carry -

- ▲ 1 Pair of Thermal
- ▲ 3 Pair of Socks + 1 Pair of woolen socks
- 2 Pair of Hand Gloves (Water Proof & Fleece material)
- Sun Cap
- ▲ Woolen Cap
- Neck Warmer (Scarf/Buff)
- 2 Quick Dry Full Sleeves (T-Shirt)
- ▲ 1 Full sleeves Fleece
- 1 Wind Proof Jacket (windcheater/Heavy Jacket)
- ▲ 2 Track Pants (No Cotton or Jeans)
- Sun Glass
- ★ Sun scream, Lip balm, Moisturizer.
- ▲ Torch
- Trek Pole
- Trekking Shoes (No Sports shoes or Woodland shoes)
- Poncho (The Gear used to protect from Rain)
- Day pack (Small one)
- Back Pack 60 Itr (+ Rain cover)
- 2 Water Bottles
- Toilet Paper & Wet Wipes
- Hand Sanitizer
- Antibactial Powder
- Tooth Brush
- Quick Dry Towel





Medicines to carry

- ▲ Crocin (1Strip)
- ▲ Disprine (1 Strip)
- ▲ Lomotive (1 Strip)
- Digene (1Strip)
- Guaze
- Dettol
- A Band Aid Qty 5
- Neusphorine Powder
- Betadine Tube
- Vomistop/Avomine (Motion Sickness Tablet)

Contact Details

+91 99871 59309

www.alpineclimbers.in | trek@alpineclimbers.in